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Wednesday Night

Liana K. Meffert

Her daughter was elbow deep in bathtub suds or dish soap bubbles the evening grandma took a tight angle with her walker, one grandpa couldn't catch, you can tell he's sad he couldn't catch her, couldn't even drive her to the hospital (can't see at night with cataracts) the moon beaming its waning grin on the dashboard oh, mother/lover, CT scanner, ves, to the consents, the procedure, what procedure, please, call us in the morning mom, they'll take good care of you, the things we tell ourselves.

It's harder to stay, no, it's hardest to leave.

A list of bones not broken:
you don't need to know much
to know pain, dedicated bedmate when
what's left is a dream the body
can't hold, it's just
a skin with four walls
holding back blood, red water
so fine it blooms a field of flowers
netted by fine veins,
her maw mimics a hungry infant's

suckle as the morphine drips: she closes her eyes when the pain stops.

About the Poet

Liana K. Meffert is an emergency medicine physician-resident at Medstar Georgetown/Washington Hospital Center. Her awards include Stanford's Irvin David Yalom Literary Award, University of Iowa's Carol A. Bowman Creative Writing Award, the F. Sean Hodge Prize for Poetry in Medicine, and the Robert D. Sparks Essay Contest. Her writing has been featured in U.S. News & World Report, Medscape, The Examined Life, JAMA, The Healing Muse, and SWWIM, among others. All views expressed are her own. Website: Lianameffert.com . Email: liana-meffert@uiowa.edu