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From the Nursing Notes / From the Coffee-Stained Patient List

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From the Nursing Notes

You seemed different today, bright, strong. The fluorescent bulbs radiate from your skin, a sunrise.

Heart rate: 82 beats per minute. Regular.

"How are you?" You ask, before I can ask you. We go to the bath. Today you take the cloth from my hand.

Blood Pressure 125/78. Normal.

We walk through the halls. Arm in arm, as we always do. This time you lead the dance and I am just pleasant company.

No longer a nurse, a friend.



Temperature 36.5°C. Afebrile.

I remove your tubes, your wires; threads that once held you together. Until you burst through their seams.

Oxygen Saturation 96%. Respiratory Rate: 16 breaths per minute. No acute distress.

You packed yourself into a bag. We said goodbye. I turned my back, For only a second.

I thought I heard your voice, "Nurse," Room 016, but I no longer recognized your face.

From the Coffee-Stained Patient List

Patient #1: Pancreatitis Sick but stable. Nothing to do today. Pain well controlled. Recheck labs in the morning.

Patient #2: Sepsis Palliative Care to see. Family Meeting, 1pm. Sign off after family meeting.

Patient #3: Malignancy Complex, multiple issues. Transfusion, 9am. Follow-up with hematology. Consult infectious disease. Recheck Hb this afternoon. Continue to monitor vitals.

Patient #4:

Patient #5: Bowel Obstruction Post-operative day 6. Still unsure what to do. CT this afternoon.

Patient #6: Diarrhea Discontinue current antibiotics. Stool culture and sensitivity, toxin screen. IV fluids. Continue to monitor. Patient #7: Delirium Urine Negative. Bloodwork Negative. Imaging Negative. Son coming in today at 2pm. Discuss discharge plan. ALC.

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