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The Memories of a Wound

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You pick at the scab;
Ply off the jagged formation.
You dig;
Driven by masochism?
You cause blood to flow:
Secondary intention healing.

A reminder of your mortality;
A signifier of your vulnerabilities,
Your insecurities.
Your efforts to contain,
To defend against
The genesis of your fears.

Defenceless
To face your utter humanness.
It heals;
But you carry
The memories of the wound.
Sublated.

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